Students will be assigned to clinical rotation pairs to complete 10 minute recorded mock sessions at 3 times throughout the semester (these pairings will differ from skills post partners). Students will submit session recordings demonstrating their role as mock counselor and complete transcripts with reflection questions designed to evaluate their clinical skills. Full assignment instructions and rubrics will be posted in Moodle.

4. **Community Resources/Practicum Preparation Assignment (5 points)**

   Due Sunday, 10/24, @ 11pm CST

   As a developing practitioner, it is important to familiarize yourself with local resources. Further, it is essential to begin preparing for your practicum and internship experiences early, to ensure you are not delayed in your educational trajectory. For this assignment, you will fill out the practicum preparation chart found in Moodle with mental health resources in your community. You will then find contacts for at least 4 sites your community that you can speak to about their services and inquire regarding their capacity for a practicum/internship student.

5. **Live Class Participation (10 points)**

   These points are earned through active participation and engagement in our live classes, not attendance alone. You are expected to attend all synchronous classes. Due to the abbreviated nature of our live meetings, one absence from a live class will result in one full letter grade reduction and require the completion of an additional remediation assignment, and more than one absence from a live class will result in a failing grade for this course. Students who arrive to a live class more than 20 minutes late or leave more than 20 minutes early will not receive attendance credit for the class.

## Evaluation and Grade Assignment

Grades will be assigned as follows:
A = 100-90 points
B = 89  80 points
C = 79  70 points
D = 69  60 points
F = 59-0 points

**Counselor Competencies Scale—Revised (CCS-R)**
In addition to points-based evaluation, this course will utilize the Counselor Competencies Scale Revised

## Class Policies and Procedures

**Required Textbooks:**

Young, Mark E. (2021). *Learning the Art of Helping: Building Blocks and Techniques* (7th ed.) Pearson.

**Other Required Materials:**

MyLab Counseling access

Zoom

**Professionalism:**

Students are expected to demonstrate counseling dispositions and behaviors consistent with those of professional counselors-in-training as outlined by the Counselor Competencies Scale Revised (CCS-R) and engage in ethical behavior as defined in the American Counseling Association *Code of Ethics*.

**Course Schedule**

| Week | Dates | Topic | Readings | Assignments |
|---|---|---|---|---|
| 1 | August 16th 22nd | Introduction & Course Orientation | Chapter 1 | o MyLab<br>o Discussion Post |
| **2** | **August 23rd – 29th** | **Live Class Meeting: The Therapeutic Relationship and Cultural Considerations** | Chapter 2 & 3 | o MyLab<br>o Discussion Post |
| 3 | August 30th September 5th | Invitational Skills | Chapter 4 | o MyLab<br>o Discussion Post |
| 4 | September 6th 12th | Reflecting Skills: Paraphrasing | Chapter 5 | o MyLab<br>o Skills Post |
| 5 | September 13th 19th | Reflecting Skills: Reflecting Feelings | Chapter 6 | o MyLab<br>o Skills Post |
| **6** | **September 20th – 26th** | **Live Class Meeting: Skills Review and Practice** | Assigned Reading in Moodle | o *Record Mock Session #1* |
| 7 | September 27th October 3rd | Advanced Reflecting Skills: Reflecting Meaning and Summarizing | Chapter 7 | o MyLab<br>o Skills Post |
| 8 | October 4th 10th | Challenging Skills | Chapter 8 | o MyLab<br>o Transcript #1 |
| 9 | October 11th 17th | Assessment and Goal Setting | Chapter 9 | o MyLab<br>o Skills Post |

Syllabus content and schedule subject to change

| | | | | |
|---|---|---|---|---|
| **10** | **October 18th – 24th** | **Live Class Meeting: Skills Review and Practice** | | o *Record Mock Session #2*<br>o Community Resources/Practicum Preparation Due |
| 11 | October 25th 31st | Change Techniques, Part I | Chapter 10 | o MyLab<br>o Skills Post |
| 12 | November 1st 7th | Advanced Change Techniques: Part II | Chapter 11 | o MyLab<br>o Transcript #2 |
| 13 | November 8th 14th | Evaluation and Termination Skills | Chapter 12 | o MyLab<br>o Skills Post |
| **14** | **November 15th – 21st** | **Live Class Meeting: Skills Review and Practice** | | o *Record Mock Session #3* |

Services website www.ulm.edu/studentaffairs/.

**Discipline/Course Specific Policies:** Humor, language, or stories that are offensive, or suggest disrespectful ethnic, racial, gender, religious, or national origin-related biases will not be tolerated. A diverse student body is expected and encouraged in this course. One of the tenets of this course will be an atmosphere of respect and feeling at ease while contributing to the class. Disagreements in opinions are part of the academic endeavor; however, such disagreements must be conducted in civility without sarcasm. I take disrespectful behavior very seriously and thus encourage every student to extend the same respect they wish to receive to everyone else.

**Grading and emailing:** Instructor will have assignments graded within 7 days after the due date has passed.

**KPI Assessment (CCS-R) COUN 5010 Grading Rubric**